

# I C E N E

## B U L L E T I N

[www.ickletonvillage.co.uk](http://www.ickletonvillage.co.uk)

[www.ickletonparishcouncil.org.uk](http://www.ickletonparishcouncil.org.uk)

**JANUARY 2022**

**Editor:**

John Williams  
icene@newinnhouse.co.uk

**Distribution:**

Hilary Rule

Thank you to contributors to this month's edition, and a Happy New Year to all Ickletonians and their families. The deadline for the February 2022 Icene is 23rd January.

**Village events planned...**

**Christmas Eve - Sing carols at 5 pm** Outside the Church Advent Window...see page 5.

**Pub quizzes** (see p 6), **Pub lunch** (p 5), and **Coffee mornings** (p 6), and **Social Club** events (p 6) are currently planned to be continued as shown, and hopefully to happen, Covid situation permitting.

**Advent Windows** – sequentially from 1st to 24th December. Take a walk to see them. See page 5.

**Christmas trees collection for recycling** (see page 6)

**Editor**

## **PARISH COUNCIL January 2022**

**Refuse collections during January** - Note the changes of days

THURSDAY	30	December	Black Bin
FRIDAY	7	January	Blue Bin
THURSDAY	13	January	Black bin
WEDNESDAY	19	January	Blue and Green Bin
Tuesday	25	January	Black bin

**Please Note:**

Green bin collections, which, as residents will know, were suspended in December, will go on to the winter four-weekly cycle starting as above (so the next after 19 January will be 16 February).

You can put **food waste** in the BLACK bin (but not garden waste).

The fortnightly green bin collections are planned to start again in March. The Parish Council website will announce any changes caused by the pandemic, if we are told about them.

Thriplow Household Waste Recycling Centre is open for residents who have essential waste that cannot be stored safely at home. Open seven days a week 8 am to 4 pm (the winter schedule). Entrance gates close 10 minutes before closing time.

All visitors must book a time slot to enter, including e-permit holders.

Visit [www.cambridgeshire.gov.uk/directory/listings/thriplow-recycling-centre](http://www.cambridgeshire.gov.uk/directory/listings/thriplow-recycling-centre) for more information.

The booking page for a time slot is

[www.cambridgeshire.gov.uk/residents/waste-and-recycling/booking-system-for-household-recycling-centres](http://www.cambridgeshire.gov.uk/residents/waste-and-recycling/booking-system-for-household-recycling-centres). OR telephone 0345 045 5207.

Note: At Saffron Walden tip, no booking is required.

## **Ickleton Parish Council meeting**

Extracts from the Parish Council meeting on 8th December 2021. Your attention is drawn to the following:

**Parish Councillor vacancy and co-option**

Mr Steven Heaney was co-opted on to the Parish Council.

## **Traffic and highways – Speedwatch**

Cllr Sadler reported on behalf of the Speedwatch Team. A uniformed member of the Safer Speeds Team has recently hand delivered another third warning letter to an offender.

### **Planning**

#### **For consideration:**

Reference: **21/04888/LBC**

Proposal: Restoration of the beams within the original part of the cottage.

Site address: 27 Church Street, Ickleton, CB10 1SL

The Parish Council supports this application.

Reference: **21/04218/HFUL**

Proposal: Two storey rear extension

Site address: 9 Southfield, Ickleton, Saffron Walden

The Parish Council continues to support this application.

Reference: **21/04354/FUL**

Proposal: Construction of new boundary wall to enclose garden land and the creation of two pedestrian access points in existing wall to allow the erection of two pedestrian gates.

Site address: Land at Dove Barn, Butchers Hill, Ickleton

The Parish Council continues to support this application.

#### **Planning Decisions:**

Reference: **21/1200/TTCA**

Proposal: Broad Leaf Cockspur Thorn - crown reduction of 4 feet (1.2 metres) because branches are now rubbing against a garage, the bus stop on Abbey Street, impeding the visibility of the bus stop sign and shading overhead street lighting.

Site address: 73 Abbey Street, Ickleton, CB10 1SS.

The Parish Council has no objection to this application.

### **Land at Frogge Street, Ickleton**

The Parish Council received a letter from the Head of Planning at Savills stating that Savills is working with Clare College Cambridge to assess and explore options on its non-operational landholdings to include Driver's Meadow on Frogge Street, Ickleton and invited the Parish Council to meet with them or respond in writing.

The Parish Council's response in writing was that Driver's Meadow should continue to be protected by the countryside policies embedded in the current Local Plan and that it is unsuitable for development as a rural exception site. The Parish Council would therefore not support any proposals to develop the site and is confident that such proposals would not be supported by parishioners either.

### **Ickleton gigabit fibre broadband project approved**

Openreach have confirmed that the Ickleton gigabit fibre broadband scheme has been approved and will be completed within 12 months. Surveys and planning will be carried out in the first few months before the actual installation commences.

The work taking place in Southfield, Priory Close and Icknield Close is part of a Connecting Cambridgeshire fibre scheme and not directly related to the scheme for the remainder of the village, and may result in residents in those streets being connected sooner.

A Parish Councillor reported that Openreach engineers were in the Parish on the 8<sup>th</sup> of December 2021 carrying out surveys, and that the engineers stated that installation may begin as soon as the end of February 2022.

### **Dog fouling**

The Parish Council would like to remind dog owners to be responsible and clear up dog mess. In South Cambridgeshire you can be issued with a warning, a fixed penalty notice or even prosecuted if you fail to clear up dog mess. Being unaware a dog has fouled or not having a suitable bag is not a reasonable excuse.

**Leanne Smith - Parish Clerk E-mail: [clerk@ickleton-pc.org.uk](mailto:clerk@ickleton-pc.org.uk)**

### **Community Warden Scheme**

The Community Warden Scheme for Ickleton and surrounding villages is in operation funded by South Cambs District Council. The warden for Ickleton is **Anita Gilchrist**.

For more information phone 07812496001 or email [anita.gilchrist@ageukcap.org.uk](mailto:anita.gilchrist@ageukcap.org.uk).

## Community mental health first aid initiative

**Jacky** lives in the Parish and is a trained mental health first aider. She can be contacted by parishioners by telephone as a first point of contact and will signpost them to organisations and groups for help and support. She can be contacted during the evenings and weekends on 07779097665.

## TELEPHONE NUMBERS

Medical Car Scheme	John and Sue Fowler
Village Hall Bookings	Viliami Mila v.mila68@outlook.com
Neighbourhood Watch	Glynis Hammond glynis.hammond@gmail.com
Police (reporting a crime non-emergency)	101
Speedwatch Team - Parish Council Coordinator - Recruitment & Rota	Terry Sadler Penny Fletcher
District and County Councillor	Peter McDonald cllr.mcdonald@scambs.gov.uk

## Post box collection times

	Monday - Friday	Saturday
Bottom of Butchers Hill; Coploe Road at Grange road corner	9.00 am	7.00 am
Costcutter shop	11.30 am and 4.00 pm	11.30 am
Great Chesterford	latest 4.30 pm	12 midday
Saffron Walden Market Square	latest 6.00 pm	12 midday

The village shop **Post Office opening times are:** Mon - Fri 8 - 12 midday, Sat 9 - 12.

## Library Services - Cambridge Mobile Library

The third Wednesday (**19<sup>th</sup> January**) 12.45 - 1.15 pm. Bottom of Butchers Hill / Church Street or Brookhampton Street.

Books may still be PRE-SELECTED IN ADVANCE from the whole of Cambridge Libraries collection, and available to collect. To reserve, contact <https://cambridgeshire.spydus.co.uk> (free of charge).

## Green Ickleton

### Medicine blister-packs

Surprisingly, medicine blister-packs CAN be recycled... but not via the Blue Bin..!

If you would like your blister-packs to be recycled, please collect them until you have a reasonable number, and then drop them off at one of the **Village Coffee Mornings (1st & 3rd Tuesdays of the month: 10:30 to 12:00 - Parish Church)**... I will then take them to the *Terracycle* recycling point at *Superdrug* in Cambridge. Thank you.

**Lizzie Molloy**

## Froglets Mondays 9.30 - 11.30 am Village Hall

Froglets runs throughout the year every Monday.

We have messy play and many activities age appropriate. We have tidy up time about 10.30, then it's drinks, story and singing then we get all the ride-ons out. Everyone helps out and it's a great resource in the village. £2 per child and £1 per sibling.

Any questions - please feel free to contact me.

**Anne-Marie Hoare**

# HELP for dealing with Covid19

## Neighbourhood Help

The list is unchanged. Thanks to everyone who is continuing to help.

Road name	Contact 1	Phone number	Contact 2	Phone number
Grange Road	Fiona Spinks	07905904254	Olga	07906701720
Coploe Road	Dominic	07875748928		
Birds Close	Cathy Heaney	07879827737	Kelly	07550220838
Back Lane	Jane Hore	07712895509	Anne-Marie Hoare	07948433310
Icknield Close	Anne-Marie Hoare	07948433310	Sarah Burser	07890164375
Southfield	Helen Maguire	07903883613	Sharon Gilbert	07970166953
Abbey Street	Holly Gent	07967580457	Flick Laura Carys	07855742381 07500803936 07545051760
Frogge Street	Luciana	07930525079	Susan Hughes Sophie	07951530927 07966368048
Church Street	Catherine Cocks	07989671501	Simon Cheney	07918083057
The Mill	Katie	07980615543		
Mill Lane	Sarah Fawsett	07746639568	Caroline Owen or Matt Owen	07702156481 07860829894
Brookhampton Street	Susie Lober	07855358783	Flo Debbie	07951057793 07776115817
Duxford Road	Lewis Duke	07850920510		
The Stackyard	Holly Coombes	07710978733	Ellie	07932092592
Coploe Rise	Louise	07870423249		
Butchers Hill	Alice	07803925162	Jamie	07748785317
Priory Close	Sharon Gilbert	07970166953	Guila	07981210765

**Anne-Marie Hoare**

## Food Bank

The foodbank is a way we can share our food with those who don't have quite enough. Ickleton foodbank is given to John Huntingdon Centre <https://johnhuntingdon.org.uk/> in Sawston who arrange deliveries and collections for those who need it.

The emphasis is on things to keep people warm quickly and easy to carry for those who have no transport - hot drinks, soups, tuna, precooked rice, macaroni cheese, spaghetti hoops. Also cereals, (soft easy to eat) baby products, dog or cat food, toiletries. Please leave at the church in or next to the Food Bank box or call me for collection – thank you for your generosity. Clare Driver.

**clare@domesticblissappointments.co.uk**

**Food Aid** For anyone in Ickleton who wants to ask for food or other groceries (*in complete privacy*) please call Clare who will endeavour to fulfil your shopping list needs

## Food deliveries

Generally - *Costcutter village shop* - ☎ 531181 and ask for a delivery.

Meat delivery - Thursdays Clark and Son (Sudbury) 01787 319330 sales@clarkandsonmeats.com.

Fresh fish van delivery - Monday afternoon - call or text Andy 07773 275134

Fruit and Veg delivery - Fisher and Woods ☎ 581620 sales@fisherandwoods.co.uk  
Walden Organics (Rob) waldenorganics@btinternet.com

Fish and Chips (etc) - mobile van on Tuesdays 4.30 - 8 pm Village Hall car park  
Pre-orders only. Tel: 07787 603616 info@oceantree.co.uk

## ICKLETON ADVENT WINDOWS 2021

From **1st to 24th December**, each of 24 houses in Ickleton will have revealed an illuminated window displaying a seasonal scene, thereby making an **Ickleton Advent Calendar through Windows**.

Each window will be illuminated daily (5:00pm - 8:00pm) from that house's '*reveal date*' through to 24th December.

You are invited to take a walk to view the windows – the full list is shown below for convenience in streets order.

A big 'Thank you' to all who are contributing 'windows' to this project!

**Lizzie & Hugh Molloy**

REVEAL DATE	ADDRESS	REVEAL DATE	
	The Ickleton Lion, Abbey Street		1, Mill Lane
	3, Abbey Street		25, Mill Lane
	14, Abbey Street		7, Church Street
	30-32, Abbey St		Well Cottage, 1 Church Street
	43, Abbey Street		11, Brookhampton Street
<b>23<sup>rd</sup></b>	63, Abbey Street		26, Brookhampton Street
	4, Back Lane		Durham's, 31, Butchers Hill
	6, Southfield		34, Butchers Hill
	1-3, Frogge Street	<b>21<sup>st</sup></b>	April Cottage, Butchers Hill ( <i>through cart-lodge entrance</i> )
	26, Frogge Street		Vine Cottage, Butchers Hill ( <i>through cart-lodge entrance</i> )
	Wellington House, 37 Church St		6, Butchers Hill
<b>22<sup>nd</sup></b>	Mill House Cottage ( <i>The Green</i> )	<b>24<sup>th</sup></b>	St Mary's Parish Church

### **Carol Singing in the Churchyard      Christmas Eve at 5 pm.**

The Parish Church will be revealing its Illuminated Advent Window on Friday 24 December.

You are invited to come and sing a few carols in front of the Parish Church at 5:00pm as the window is revealed..... To celebrate Christmas, the culmination of *Ickleton Advent Windows 2021*, and our good fortune to live in a friendly village. Just come along.

**Jenny Duke**

### **Ickleton Pub Lunch Club      Tuesday 11<sup>th</sup> January 12 noon**

Organised by Jon Smith, husband of our vicar Rev Lydia, the lunches are planned for the second Tuesday of the month, and January's is planned, subject to the Covid situation.

We meet at The Ickleton Lion at 12 noon. It's simple, totally informal, no strings and we each pay for our own order, plus a tip if you want to.

**By the Friday before our lunch**, please email: [jonsmith@supanet.com](mailto:jonsmith@supanet.com) to advise if you are coming and what your pre-order is.

The pub's website (for menus) is <https://theickletonlionpub.co.uk>

Plus, please do sign up for emails from Jon using this link <http://eepurl.com/hGIEpn> as it makes his life easier and reduces the chances of club emails going straight into your spam folder".

**Jon Smith**

## **Pub Quizzes - at the Ickleton Lion    Tuesdays at 7 pm**

Every Tuesday evening the Ickleton Lion will host a pub quiz. Starting 7 pm for a couple of hours including breaks.

£2.50 per player (£5 for a couple, £10 for a team of 4). Profits will be for the benefit of Ickleton Phoenix Football Club.

Prizes are offered by the pub. And an individual/team leader board will also be maintained.

Thanks to Mike and Claire of the Ickleton Lion for hosting.

**Ickleton Phoenix F C**

## **SOCIAL CLUB      On Boxing Day**

The Ickleton Social Club is planned to be open Boxing Day at lunchtime **12 – 2 pm**

**And a QUIZ on Saturday 15th January 8 pm**

Teams of 4, £2 per player

All welcome

**Pat Facer**

## **THANK YOU to Silver Santas**

I would like to thank Ickleton Silver Santas very much indeed for your gift.

**Beryl Bonham**

## **Coffee Mornings      Tuesdays 4<sup>th</sup> and 18<sup>th</sup> January 10.30 - 12 at the church**

### **All welcome**

Coffee mornings are on the first and third Tuesdays of the month. Coffee and cakes will be served by the coffee morning team.

It is planned to go ahead unless we have to later advise to the contrary. Covid precautions will be advised accordingly.

As previously suggested we are currently sharing coffee morning proceeds between the church and various charities.

So far we have given £60 to **Macmillan Cancer Support** for September, £45 to **Parkinson's** for October and £60 to **Marie Curie Cancer Support** for November.

We plan to give December's share to **Jimmy's Night shelter**. And next year we suggest donating to **Addenbrooke's** appeal for a surgical robot!

If you have any suggestions for donations, please let us know, all ideas welcome.

Thank you for supporting coffee mornings, the church and charities.

**The Coffee Morning team**

## **Christmas Tree pick up and recycling**

Ickleton resident Edmund Harcourt is offering to pick up your Christmas tree(s) after Christmas for a suggested donation of £10 per tree, with all proceeds going to Ickleton Cricket Club.

The trees will be re-cycled as wind breaks on local farms. We will be collecting on the 8th, 9th, 15th and 16th January. Please text or call with your address, and date. We will be able to take cash or a card.

**Edmund Harcourt**

## **CHURCH NOTICES**

Vicar	Rev Lydia Smith	revlydiasmith@gmail.com
Churchwardens	Patrick Bloomfield	patrick.bloomfield@hymans.co.uk
	Jenny Duke	jenny@jennyduke.co.uk
Lay Minister	Derek Munday	llm.munday@btinternet.com

The website contains details of how to join others online for prayer, worship, study, and community life. See: [www.elydiocese.org](http://www.elydiocese.org).

In emergency please telephone Patrick Bloomfield.

**Services for January** We are planning these services but with the current COVID situation please check your emails and [www.hinkledux.com](http://www.hinkledux.com) for the latest information as arrangements may change.

DECEMBER				
Friday	24 <sup>th</sup>	4.00 pm	Christingle	HINXTON
		11.30 pm	Midnight Mass	DUXFORD
Saturday	25 <sup>th</sup>	9.00 am	Parish Communion	HINXTON
Christmas Day		10.00 am	All age service	DUXFORD
		10.00 am	Family Christmas Communion	ICKLETON
Sunday	26 <sup>th</sup>	10.00 am	Parish Communion	DUXFORD
JANUARY				
Sunday	2 <sup>nd</sup>	8.00 am	Holy Communion	WHITTLESF'D
		10.00 am	Parish Communion & Sunday Club	ICKLETON
Sunday	9 <sup>th</sup>	8.00 am	Holy Communion	HINXTON
		10.00 pm	PLOUGH SUNDAY All age service	ICKLETON
Sunday	16 <sup>th</sup>	8.00 am	Holy Communion	DUXFORD
		10.00 am	Parish Communion	HINXTON
		5.00 pm	Taize	ICKLETON
Sunday	23 <sup>rd</sup>	8.00 am	Holy Communion	ICKLETON
		10.00 am	Parish Communion	DUXFORD
Sunday	30 <sup>th</sup>	10.00 am	Joint service	WHITTLESF'D

**And weekly:** Compline - 7 pm on Tuesdays at Duxford 7 pm on Thursdays at Hinxton

### God speed the plough - message from Rev Lydia Smith

By early January, many of us will have returned to work or study after the break for Christmas and New Year. Twelfth Night, which falls on 5<sup>th</sup> January, marks the traditional end of the festivities, making 6<sup>th</sup> January a kind of back-to-work day. In the past in rural communities, when most people worked on the land, this shift was honoured when the plough was brought into church to be blessed on the nearest Sunday to that date, often called Plough Sunday. *God speed the plough* – expressing a wish for prosperity in the year ahead – was the heart of the Plough Sunday ceremony. The words can also be found in songs and on medieval times one pictured the plough being dragged around to door, seeking celebration in the village. Workers went from door to door, seeking contributions (plough money) for a the tavern that evening.

Now, we tend to begin our year's commitment to a dry January after of the Christmas season, rather than the pub. Yet we may still think about the coming year. Not just about the seed that's sowed, with the hope of good exam results, or our business and the hope of a profitable year.

Christians understand blessing – as in the phrase *God speed the plough* - as willing good things for someone (or something). When we bless something, we're asking God – who is the source of all good things – to look kindly on the things we bless, whether that's ploughs and garden tools or pens and laptops.

We're celebrating Plough Sunday at the All Age Service at Ickleton church this year on 9th January at 10am. Do join us for the service, where instead of a plough, there'll be a big tractor outside the church. And why not bring something to be blessed that represents your work – it could be your phone or a garden spade, a dog lead or a calculator.

Best wishes for a happy and productive New Year

Image from Auckland Museum, CC BY 4.0 via Wikimedia Commons



the phrase at ceremony. songs and on medieval times one pictured the plough being dragged around to door, seeking celebration in

work with a the indulgence a final night in our hopes for land and the a good harvest. the hope of

Lydia



Anyone who has been inside the church recently will have seen the truly beautiful Christmas tree, given to us and decorated by **Jane Hurst**. She does this every year and we owe her a large debt of gratitude for bringing such colour into our lives, particularly in these rather grey days.

Apart from the Christmas tree, which she puts up in memory of her parents, she provides us with stunning floral decorations on other occasions too - for Easter and for the Harvest Thanksgiving. Church goers have the benefit of her displays at the relevant services, and they are available to be seen by anybody whenever the church is open. They are, quite simply, wonderful.

**THANK YOU JANE** - your wonderful arrangements are very much appreciated.  
Frances Payne

## **GREAT CHESTERFORD & DISTRICT GARDENING SOCIETY**

*(Affiliated to the Royal Horticultural Society)*

Chair - Pauline Gale

No meeting in January

**Next Meeting: Wednesday 2<sup>nd</sup> February 8.00 pm at Ickleton Village Hall**

### **GREENING LONDON**

Speaker: David Williams – Professional tour guide specialising in the history of London

The story of how botanists and explorers travelled to distant continents returning to London with new and exotic specimens. Today the City is proud of its reputation as one of the greenest urban centres in the World.

### **December meeting**

Speaker Deb Hart demonstrated making a Christmas Door Wreath and Christmas decorations. Deb is a trained florist, horticulturist and has been running willow and basket weaving demonstrations for 20 years. She made everything seem so achievable – with suggestions in adding cranberries, apples, chillies and even sprouts to festive wreaths! Deb completed her demonstration with a willow reindeer, folding book angels and paper stars. She made a very generous donation to the raffle – thank you.

**Something Festive Competition:** 1st Sally Hopkins 2nd Marion Garvey 3rd Pauline Gale

**Christine Greet**





## **CONGRATULATIONS MOLLY**

### **MOLLY EAST ON HER 100th BIRTHDAY 14th December 2021**

Many of you will know Molly, a long time Ickleton resident, who, until recently, lived in Brookhampton Street.

Her family first came to Ickleton in 1953.

She is now happily resident in a Residential Home in Cambridge who organised a wonderful party for her.

She had lots of lovely cards and we would like to thank many Ickletonians for their good wishes.

Sandra Burton

## **Save the Date for Ickleton Open Gardens on Sunday 19<sup>th</sup> June**

As dark, chilly nights draw in and frost makes a regular appearance there is something to look forward to on the garden scene later this year... our popular Ickleton Open Gardens is back on Sunday 19th June.

This well attended event offers the rare opportunity to look behind some of the high flint walls in our village and visit varied, inspiring, and beautiful private gardens. Lunch, Teas, delicious home-made cakes, produce and plant stall make this event part of the Great British Summer and all in aid of excellent charitable causes.

We had a wonderful mix of gardens open in 2019 – established, newly planted, drought tolerant, cottage style, small and large - and many of those who kindly opened their gardens have agreed to do so again along with a few new ones. The Open Gardens are a significant fundraiser for our chosen charities; this year we will divide the proceeds between our much loved and well used Village Hall, the Motor Neurone Disease Association and YoungMinds, a mental health charity for children, young people, and their parents. The last two charities were chosen respectively in memory of Ickleton residents Jan Livingstone and Georgina Owen.

We'd love to have a few more gardens open and we need lots of volunteers on the day so please get in touch if you'd like to do either. You can contact any one of the organising committee listed below and we will be happy to talk to you:

Pam Fearn      pam@cmws.co.uk  
Jocelyn Flitton      josflitton@tiscali.co.uk  
Lizzie Molloy      lizzie.molloy53@gmail.com  
Caroline Owen      Caro01@me.com  
Fiona Rose      fionarose@yahoo.co.uk  
June Woodward      junewoodward414@btinternet.com

We are very grateful to our generous sponsors who help make the day possible:  
Bread & Meat, HSA Accountants, Wild Country Organics, Mr & Mrs P R Wombwell and Hexcel

We'll keep you updated about the Open Gardens in ICENE and you can follow our social media pages at: <https://www.facebook.com/IckletonOpenGardens>      <https://twitter.com/IckletonOpenGar>

## ICKLETON SOCIETY

### Postponed - New Year's Day walk

Sadly, we feel that we have to postpone the New Year's Day Walk given the current Covid situation. Whilst we didn't plan to have refreshments this year, and we would all be outside where the risk is much less, we would likely still have a large group mixing and chatting in close proximity. We don't want to be responsible for an event where transmission could take place; it would be dreadful if the walk helped to spread Covid in the village.

So we think it would be better to postpone the walk until the Covid numbers come down, and we can all be more relaxed and enjoy the event. It will happen eventually (hopefully sooner rather than later) so watch this space.

We wish everyone a happy New Year and better times in 2022.

Rachel Radford

rachelmradford@btinternet.com

The Comberton Ramblers sent the following to village bulletins of the area and so here it is!

A chance to get them to come to Ickleton, walk and imbibe!

Ed

## COMBERTON RAMBLERS

### Join our friendly group for wonderful walks

Comberton Ramblers walk alternative Sundays between 5 -7 miles. We are a friendly / informative group and enjoy exploring the varied countryside in this area.

New walkers are very welcome to join us with up to two free walks, and if you enjoy our walks we request that you become a member. Annual membership fee is £10.00 per person.

Our 2022 walk programme starts on the 9<sup>th</sup> January 2022. <https://www.combertonramblers.org.uk>

For further information please contact Stella the Secretary- Email: [stella.hardwicke2274@hotmail.com](mailto:stella.hardwicke2274@hotmail.com)



### Whittlesford & Duxford Beavers, Cubs and Scouts

#### Our activities this month

In November, our groups attended the remembrance service in Duxford for Remembrance Day. They were brilliant helping to mark the day. **Wildwood Beavers** and **Forest Beavers** (Wed and Fri, 6-8yrs) had a mini bonfire night, decorated the hut with homemade poppies and wreaths, and learned about space. **Sirius** and **Javelins Cubs** (Mon and Thurs, 8-10½yrs) shared photos and stories of family members who had been in the war. **Arrow Scouts** (Tues, 10½-14yrs) enjoyed their winter camp with mexican-style dinner and a hearty breakfast. **Hitchhiker Explorers** (Fri, 14-18yrs) made tasty chili burgers on the fire, built monstrous marble runs filling the hut and did 'Song and Tell' (choosing a song of importance to them and explaining it to the group).

#### Second hand uniform

If you would like to either donate or purchase second hand uniform, please contact Carmel using the details below.

#### Why not join the adventure?

**WE URGENTLY NEED help on our committee to collect the subs.** We would not be able to run the groups without our amazing volunteers. If you would like to get involved as an assistant, committee member, young leader or share a skill, please get in touch.

Our website: [www.wanddscouts.org.uk](http://www.wanddscouts.org.uk) General enquiries: [marcvn.scouts@gmail.com](mailto:marcvn.scouts@gmail.com)

**Did you know**



**Hypertension**

Can be an accelerating factor of hearing loss in adults

**Hearing loss** is the third most common physical condition after arthritis & heart disease.



Worldwide, over **half a billion people** younger than 65 have some degree of hearing loss

**Current smokers**

have a **70% higher risk** of having hearing loss than non-smokers



**70% of diabetics, 50-69 years old, have high-frequency hearing loss**

When was your **blood pressure** checked?

Would you take a **pill for pain**?

What have you done for **your hearing**?

**Can we help you with your hearing?**

**01223 661399** [www.angliarhearing.co.uk](http://www.angliarhearing.co.uk)

Suite 3 Grain House, Mill Court, Great Shelford

**angli-EAR**  
Hearing & Tinnitus Solutions

# Boatman Furniture

Bespoke fitted and freestanding furniture



Kitchen - Dining  
Living - Bedroom  
Media - Study - Library  
Wooden signs

[info@boatmanfurniture.co.uk](mailto:info@boatmanfurniture.co.uk)

(01799) 530230

[www.boatmanfurniture.co.uk](http://www.boatmanfurniture.co.uk)

# Michael's Automotive Services

Servicing & Repairs to all makes and models

**01223 833058**

**07908 459 766**

Unit 2 Lion works  
Station road  
Whittlesford  
Cambridge  
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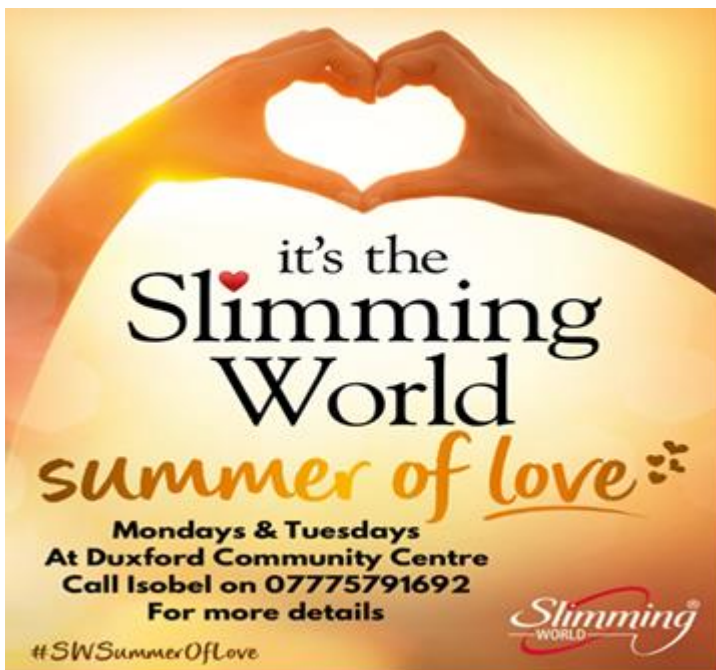
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**ADVERTISING**

The ICENE goes to every house in the village and is widely read.

Rates per monthly issue:

£5 per eighth of a page

£10 per quarter of a page

£20 per half page.

Copy required by 12th of each month for inclusion in next month's edition please.

**Leanne Smith E-mail: clerk@ickleton-pc.org.uk**

## **MEDICAL AND CARE**

### **MAGGIE'S**

#### **Do you need a support with your or your family's cancer diagnosis?**

At Maggie's we can help. We provide free practical, emotional and social support to people with cancer, their family and friends, from diagnosis throughout living with the affects after cancer.

Maggie's has been providing high quality, evidence-based support since 2013 in the local area. We help over 8,000 people a year to achieve the best possible state of psychological and physical health during diagnosis, treatment and throughout their cancer journey. People across Cambridgeshire and beyond can come to Maggie's at any stage, for as long or as little as they like. We believe that the built and natural environments in which people are cared for have a direct impact on wellbeing and how a person responds to the challenge of cancer.

Our Centre is staffed by Cancer Support Specialists, Benefits Advisor, Nutritionist, Counsellors, and Psychologists who can support people in whichever way is best suited to their needs. Maggie's is a place to find practical advice about benefits and eating well; a place where qualified experts provide emotional support; a place to meet other people or simply to sit quietly with a cup of tea.

You don't need an appointment - just come in for a chat to find out more about the support offered to them. Our centre is open Monday to Friday 9am to 5pm.

Find us at:

21 Milton House, Puddicombe Way, Addenbrooke's, Cambridge CB2 0AD

T: 01223 249220 E: [cambridge@maggies.org](mailto:cambridge@maggies.org) Website: [www.maggies.org](http://www.maggies.org)

Facebook: @maggiescentrecambs Instagram: @maggiescambridge Twitter: @maggiescambs

### **Arthur Rank Hospice Charity**

#### **Palliative Care Hub wins 'Primary Care Innovation of the Year'!**

The Palliative Care Hub, which is a free out of hours phone service for anyone who needs specialist palliative care advice or support across Cambridgeshire and Peterborough, has won 'Primary Care Innovation of the Year' at the annual Health Service Journal (HSJ) Awards.

Having launched in April 2021, the Palliative Care Hub – which can be accessed by calling 111 and selecting option 3 to speak to a Clinical Nurse Specialist - is available to anyone who needs specialist palliative care advice or support across Cambridgeshire and Peterborough. The remarkable impact of the phone service is illustrated by the fact that in its first 7 months (between April and October 2021) 1,489 calls were taken for 705 patients not already known to the service, preventing 109 avoidable hospital admissions.

The service is commissioned by the Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) and is operated by Arthur Rank Hospice Charity in partnership with HUC (Herts Urgent Care) who provide the local NHS 111 service and the East of England Ambulance Service Trust.

An awards ceremony took place on Thursday 18 November at Evolution in London, where representatives from the service including Pip Munk and Hannah Donald - Clinical Nurse Specialists from the Palliative Care Hub - who were guests of the CCG, were delighted to accept the prestigious trophy.

To find out more about the Palliative Care Hub visit [arhc.org.uk/pall-hub](http://arhc.org.uk/pall-hub).

Current hours of operation: Monday to Thursday 7.00am-2.00pm, then 5.00pm-12.30am; 24 hours on Fridays, weekends and bank holidays.



## BLOOD DONATING in 2022 in Ickleton Village Hall

Giving blood saves lives and continues to be needed as a lifeline in an emergency and for people who need long term treatment. We need almost 400 new donors every day to meet demand, can you help?

If you are aged between 17 and 65 and in general good health please:

Search for the NHS Give Blood app Visit [www.blood.co.uk](http://www.blood.co.uk)

Or call 0300 123 23 23 for full details or to book an appointment.

The first blood donation sessions were a great success and following generous financial support from Ickleton Parish Council (a big thank you to them), the NHS are pleased to offer the first 3 dates for 2022:

9th March

30th June

21st October

with appointments available between 12.50 - 15.30 and 16.30 – 19.15.

## ICKLETON - DIARY for January

<b>DECEMBER</b>				
Friday	24 <sup>th</sup>	Carol singing	5 pm	Churchyard
Sunday	26 <sup>th</sup>	Social Club	12 - 2 pm	
<b>JANUARY</b>				
Tuesday	4 <sup>th</sup>	Coffee Morning	10.30 am - 12	Church
Tuesday	11 <sup>th</sup>	Ickleton Pub Lunch Club	12 noon	Ickleton Lion
Saturday	15 <sup>th</sup>	Social Club – Quiz	8 pm	
Tuesday	18 <sup>th</sup>	Coffee Morning	10.30 am - 12	Church
Wednesday	19 <sup>th</sup>	Parish Council meeting	7.30 pm	Village Hall
“	“	Mobile Library	12.45 pm	bottom of Butchers Hill
<b>FEBRUARY</b>				
Wednesday	2 <sup>nd</sup>	Gardening Society Talk	8 pm	Village Hall
Wednesday	16 <sup>th</sup>	Parish Council meeting	7.30 pm	Village Hall

### Weekly events in the month

Froglets	Mondays	9.30 - 11.30 am	Village Hall
Pub Quiz	Tuesdays	7 pm	Ickleton Lion

**PUBLISHED BY ICKLETON PARISH COUNCIL**