

# I C E N E

## B U L L E T I N

[www.ickletonvillage.co.uk](http://www.ickletonvillage.co.uk)

[www.ickletonparishcouncil.org.uk](http://www.ickletonparishcouncil.org.uk)

## JUNE 2023

**Editor:**

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**Distribution:**

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**Thank you** to contributors to this month's edition. The deadline for July's Icene is 24th June.

**STOP PRESS Allotments Plant Sale - Sunday 28th May 9.30 - 11.30 am** (refreshments available) p.3

**Ickleton Village Local Services and Regular Events** – see the back two pages.

**Pimms and Strawberries** etc. - 10th June - get your tickets now. See p. 3.

**Twelfth Night** The Festival :Players - Saturday 22nd July - book the date and your tickets. See page 3.

**Social Club and 'Sunday Socials'** – see page 3.

**Ickleton Cricket Club** – Home fixture list, ladies fitness, kids cricket, club secretary post, etc. (pages 5/6).

**Nature and gardens** - plenty this month. The mysteries of the Coploe pit, Wetlands Walks – see page 4, and open gardens in Sawston and Duxford - page 8.

**A.1301** - works starting - from 29th May, see page 2.

### PARISH COUNCIL

Refuse collections during June

WEDNESDAY	31 <sup>st</sup>	May	Black bin
Tuesday	6 <sup>th</sup>	June	Blue Bin and Green Bin
Tuesday	13 <sup>th</sup>	June	Black bin
Tuesday	20 <sup>th</sup>	June	Blue Bin and Green Bin
Tuesday	27 <sup>th</sup>	June	Black bin

#### Please Note

Thriplow Household Recycling Centre is open between **8 am and 5 pm**, seven days a week. Entrance gates shut 10 minutes before closing time.

It is not necessary to book visits to the site. Visits using vehicles or trailers requiring e-permits will be registered by site staff on arrival at a HRC, as they were prior to the introduction of the booking system, with no requirement to book visits in advance.

For more information visit [www.cambridgeshire.gov.uk/directory/listings/thriplow-recycling-centre](http://www.cambridgeshire.gov.uk/directory/listings/thriplow-recycling-centre)

### Ickleton Parish Council meeting

Extracts from the meeting on 17<sup>th</sup> May 2023. Your attention is drawn to the following:

#### Parish Council Chair and Vice-Chair

Councillor Steven Heaney was elected as Chair of the Parish Council. Councillor Simon Cheney was elected as Vice-Chair of the Parish Council.

## Traffic and Highways Issues

### Speedwatch

The Speedwatch Team conducted extra sessions over the last week in response to proposed traffic restrictions on the A1301. However, the works do not appear to have gone ahead as planned.

### A505 traffic restrictions - 4th, 24th and 25th June for Duxford air show events

Traffic restrictions on the A505 during air show events.

### A11 Babraham to Six Mile Bottom resurfacing

Maintenance work will be carried out on the A11 between Babraham and Six Mile Bottom. The work will include resurfacing, barrier replacement and sign renewal. The work began on Monday 6th March and will go on until February 2024.

### Road closure - Brookhampton Street/Ickleton Road 9<sup>th</sup> July

Brookhampton Street will be closed between 7 am and 8 pm on 9th July for maintenance on the railway line and crossing. Traffic will be diverted to Great Chesterford and the A1301.

### A1301 - Wellcome development construction access

Notification from Urban & Civic that works will start **from Monday 29th May** with the creation of the main construction access to the development site from the A1301 and trial holes north of the A505. The works will last for around six weeks. Letter drops were being made to every property in Hinxton. The Clerk has asked for the letter drop to be extended to properties in Ickleton. They are aiming to start the wider improvement works in the autumn and a detailed programme will be shared once finalised.

## Planning Information

### For consideration

Reference: **23/00614/HFUL**

Proposal: Single storey side link extension with one and a half storey rear extension and new rear dormer, front porch canopy.

Site address: 68 Abbey Street, Ickleton, Cambridgeshire, CB10 1SS

Amendment to the above application - Description change as above. Noted by the Parish Council.

Reference: **23/01620/FUL** and **23/01621/LBC**

Proposal: Change of use of agricultural building to residential use ancillary to the host dwelling (part-retrospective), internal and external alterations to create guest accommodation on the ground floor, internal and external alterations to create a study/home office on the first floor (retrospective).

Site address: The Old Grange, Grange Road, Ickleton, Cambridgeshire

The Parish Council supports this application.

Reference: **23/01699/FUL**

Proposal: Demolish the existing building and erect a new dwelling.

Site address: 31 Frogge Street, Ickleton, Cambridgeshire, CB10 1SH

The Parish Council had no recommendation.

### Planning Decisions

Reference: **22/05269/HFUL** and **22/05270/LBC**

Proposal: First floor extension, single storey extension and internal reconfiguration.

Site address: 27 Church Street, Ickleton, Cambridgeshire

Granted permission.

Reference: **22/03797/LBC**

Proposal: Remove tiled roof, and wood cladding to sides, re-align and strengthen core structure, (adding additional diagonal members where necessary), replace cladding (fresh wood where necessary), replace current tiles with metal roofing sheets.

Site address: Haybarn - Between Craftsman Barn and Vine Cottage, Butchers Hill, Ickleton, Cambridgeshire

Granted permission.

### Wellcome Genome Campus Expansion update

Representatives from Urban & Civic attended Ickleton Annual Parish Meeting on the 2<sup>nd</sup> of May 2023. Minutes from the meeting are available on the Parish Council website.

### South Cambs District Council - Delivery of magazine

The South Cambs magazine will be delivered to all residents between 22nd May and 3rd June 2023 by Smart Distribution's delivery team. Parishioners should let the Clerk know if they have not received a copy by then.

**Leanne Smith - Parish Clerk, E-mail: [clerk@ickleton-pc.org.uk](mailto:clerk@ickleton-pc.org.uk)**

## THE FESTIVAL PLAYERS PRESENT...

### SHAKESPEARE'S TWELFTH NIGHT

SATURDAY 22ND JULY, 7.30

“IF MUSIC BE THE FOOD OF LOVE, PLAY ON”

Outdoor performance  
The Old Beehive, Frogge Street (Village Hall if wet)

Following their acclaimed production of A Midsummer Night's Dream, which toured through the Summer of 2022, we are delighted to announce that their 2023 production will be Twelfth Night.

This great romantic comedy has all the ingredients for another engaging Shakespeare performance from Festival Players International, the UK's prime all-male touring company. In a colourful, costumed staging, brought to you with the Players' customary energy, clarity, and professionalism, this tale of the pursuit of love hampered by disguise, mistaken identity, and a great deal of boisterous and hilarious trickery, is assured to entertain.

The outdoor performance held here last year was so popular we will keep our fingers crossed for good weather and hold it in the garden of The Old Beehive, Frogge Street again (parking at the village hall). If the sun gods are against us we will retreat to the village hall. Some seating in the garden will be provided, but please bring your own, along with a picnic, if you wish to. There will be a bar for wine, beer and soft drinks.

Tickets: £15.00 adults, £10 students/children  
Available from Costcutters (thanks to Dilip and Sunita) or  
Contact Pam Fearn Email: pam@cmws.co.uk.

### SOCIAL CLUB JUNE DATES

#### SUNDAY LUNCHTIME DRINKS and NIBBLES 12 to 2 pm

Sunday 4th June, Bar & BBQ,  
Sunday 18th June bar, Bloody Marys & roasted potatoes

#### FIVE O'CLOCK CLUB

Every Monday 5pm to 7 pm

#### SOCIAL CLUB

Every Friday and Saturday from 8.30 pm

Saturday 3rd June 8.15 pm  
Quiz Night - £2.50 per person

#### SUNDAY SOCIALS

Every Sunday 7.30pm to 10.30 pm

Sunday 4th June 7.30 to 10.30 pm  
Camus – Traditional Folk Band

Sunday 11th June from 5 pm  
Spoken Word for Children & Adults  
For Kids contact Emily  
For Adults contact Brian

### ICKLETON ALLOTMENTS ASSOCIATION PLANT SALE

SUNDAY 28th MAY 9.30 to 11.30

Coploe Road

Plants, Cakes, Bacon & Sausage Rolls, Tea/Coffee

Cash and Card accepted

### PIMMS, STRAWBERRIES and CREAM

SATURDAY 10th June

4 pm to 6 pm  
in the garden at 66, Frogge Street.

Admission by ticket £14  
from Piers or Liz. Email  
piers.carter@btinternet.com

Proceeds for Ickleton church funds and the  
British Red Cross Ukrainian Appeal.

Piers and Liz Carter

## Welcomes

Having recently moved down from Scotland earlier this year, **Abigail Corsie** moved into **Coploe Road**. The reason for her relocating was to take up a job locally as a research scientist. Abigail has a love for the outdoors and enjoys cycling and walking in her spare time.

A very warm welcome is extended to Abigail.

**Elaine Statham** estatham100@gmail.com

## ICKLETON SOCIETY

By the time this Icene is delivered, the Society will have elected its Committee for 2023/24. I can't anticipate that election but we do know that 2 members of the current Committee are standing down - Eric Burrows who has done sterling work as Secretary for the last 2 years and Madelaine Smith who has been on the Committee for 12 years, 6 of them as Secretary and latterly as our Vice-Chair. She'll be sadly missed but we're very glad that she's going to continue to help out with various things on an informal basis. We thank both of them.

We are in the process of arranging a members only, guided history tour of Duxford including St John's Church and many present and former pubs. We'll send details to members by email. If you're interested but not a member, then why not join the Society (contact us at ickletonsocietymembership@gmail.com). If there are spare places, they will be advertised generally in the next edition of Icene.

**Rachel Radford** rachelmradford@btinternet.com

## Nature walk - Ickleton chalk pit, Coploe Hill Sunday 11th June

You are invited to join the wardens of this wildlife reserve for a nature walk on the morning of Sunday 11th June at 11 a.m. The reserve is a biodiverse calcareous grassland site with a wide range of native flowers that support a large number of wildlife such as bees and butterflies. Our guides will introduce you to the flora and fauna of the site and also explain its management plan and some of the site's history.

As parking is very limited you are encouraged to walk to the site at the top of Coploe Hill. Much of the ground is uneven so stout footwear is advised. Also appropriate clothing for the weather conditions on the day. We look forward to seeing you.

**The wardens** The Parish Council has appointed John O'Boyle and Ray Hackett as wardens of the pit. They are from Stapleford and discovered and restored a neglected clunch pit near there. They offered their services to Ickleton and have produced an initial management plan, having already worked on the pit over the last two years.

## WETLANDS WALKS

June sees the continuation of the summer season of guided walks around the Genome Campus wetlands nature reserve. The walks are taking place every Wednesday from the 3rd of May until the 19<sup>th</sup> of July, between 12:00 and 13:00. The walks will be led, as usual, by Iain Webb from the Wildlife Trust. Meet at 12:00 on the wooden bridge between the wetlands and the main campus.

The themes of the walks in June are as follows:

Wed 7<sup>th</sup> June General wildlife walk

Wed 14<sup>th</sup> June Wildflower walk

Wed 21<sup>st</sup> June Butterfly walk

Wed 28<sup>th</sup> June Insect walk/hunt

This time of year is the birds' nesting season. Dog walkers on the wetlands are kindly reminded that dogs must be kept on leads at all times, and well away from the banks of the ponds. Loose dogs on nature reserves are one of the biggest causes of birds abandoning their nests, leaving their chicks to die.

## Glow-worm walk.

There will be a special glow-worm walk on the evening of **Thursday 22<sup>nd</sup> June**.

Glow-worms and their larvae have been seen on, and around, the wetlands in the past couple of years. Join us on the wooden bridge at **21:45**, and see if we can spot these elusive beetles. There will be a crescent moon, which is ideal for glow-worm spotting, but a torch might prove useful for the walk back.

Please reserve a place by email at: jls1004@cam.ac.uk.

**David Keating**

## GREAT CHESTERFORD & DISTRICT GARDENING SOCIETY

(Affiliated to the Royal Horticultural Society) Chair - Pauline Gale

The Society, covering local villages including the Chesterfords, Ickleton and Hinxtan organises meetings, talks, outings and events for those interested in gardens & gardening. New members and visitors always welcome.

**Next meeting** **Wednesday 7th June 8 pm Ickleton Village Hall**

A HISTORY OF GROWING TROPICAL PLANTS IN THE UK

**Speaker: Zsuzsanna Serer** - With a background in horticulture and agronomy, runs "Spicesotic" - selling tropical plants and orchids online

*Competition subject: Early summer flower*

**Recent Meeting** Attended by 40 members and visitors, Dr Ian Bedford, head of Entomology at the John Innes Institute for 42 years, spoke expertly on the subject of slugs, and the multiple benefits to the ecosystem of many of the 42,000 species native to the UK; as well as the reverse - especially the invasive Spanish slug, which should be picked up and disposed of before they start laying eggs from midsummer to early autumn.

**Summer Outings** Garden visit dates arranged – look out for details:

June - Brocton's Farmhouse, Debden July - Great Thurlow Hall

**Best Bloom Competition Year 2022 – 2023**

Stunning entries were judged each month. 1<sup>st</sup>: Pauline G and Gill G 3<sup>rd</sup>: Marion G

**Best Bloom Competition May 2023**

1<sup>st</sup>: June W (Miniature narcissi) 2<sup>nd</sup>: Pauline G (Exochorda) 3<sup>rd</sup>: Marion G (Narcissi)

**Christine Greet**

## ICKLETON CRICKET CLUB

### Home Fixtures in June

Saturday	3rd June	1 pm	2nd XI	v	Royston 2nd XI
Wednesday	7th June	6.30 pm	2nd XI	v	Fulbourn Institute 2nd XI
Saturday	10th June	1 pm	1st XI	v	Little Shelford 1st XI
Saturday	17th June	1pm	2nd XI	v	Thriplow 3rd XI
Wednesday	21st June	6.30pm	1st XI	v	Newmarket 1st XI
Saturday	24th June	1pm	2nd XI	v	Newton 1st XI
Wednesday	28th June	6.30pm	1st XI	v	Cambridge Old Monks

### Cricket Teas

When Ickleton Cricket Club host a match on a Saturday at home (about 10 matches a year), as a courtesy, tea is served to the visiting team. This consists of sandwiches, something sweet such as cakes and biscuits and sausage rolls to feed approximately 25 people. Everything can be dropped off in the morning of the game and every little bit helps keep the club afloat! **If you would care to make a cake or some sandwiches it would be so appreciated.** For more information, or to donate a tea or money to pay for a tea, contact IckletonCC@hotmail.com

**Ladies** - Interested in a fitness session with a cricket theme? The Club is looking into a grant that would help provide a few sessions to introduce the cricket basics in the form of a fun hour or two. Please contact the club - we would love to hear from you.

Invitations are open for the post of **CLUB SECRETARY** - zero remuneration but an incredibly fun environment. - if you just moved to the area what better way to make at least 11 instant friends? Admin and IT knowledge is idea. Meetings are on the first Tuesday of the month in the Social Club for about an hour and taking the minutes. Distribution of minutes and agendas and some ad hoc admin. You do not have to know about cricket or play the game but an enthusiasm for the sport would be terrific! Give Ed a call to chat through the details.

## Kids cricket training

Every Thursday at 5.30 until the Summer holidays, Over 60 children (38 boys and 30 girls) in the group this year. We are always delighted to welcome youngsters - who all benefit from physical exercise as well as mental health - team sports can really make a difference and help to make new friends from the local area.

**Weekly Club Training Mondays** 6.30 – 8.30 pm Ickleton Rec

**BBQ Evening June 10th** Post-match barbecue at Ickleton

Ickleton CC have partnered with EasyFundraising which means the Club can receive free donations from 4,000 retailers every time you shop online. Over £1,800 has been raised by members through this initiative which is incredibly easy to use. Visit [easyfundraising.org.uk](http://easyfundraising.org.uk)

**Clare Driver**

## CHURCH NOTICES

Vicar	Rev Lydia Smith	<a href="mailto:revlydiasmith@gmail.com">revlydiasmith@gmail.com</a>
Churchwardens	Patrick Bloomfield	<a href="mailto:patrick.bloomfield@hymans.co.uk">patrick.bloomfield@hymans.co.uk</a>
	Jenny Duke	<a href="mailto:jenny@jennyduke.co.uk">jenny@jennyduke.co.uk</a>
Lay Minister	Derek Munday	<a href="mailto:llm.munday@btinternet.com">llm.munday@btinternet.com</a>

For details of joining for prayer, worship, study, and community life, see: [www.elydiocese.org](http://www.elydiocese.org).

In emergency please telephone Patrick Bloomfield.

## Church Services for JUNE

Sunday	4 <sup>th</sup>	8.00 am	Holy Communion	WHITTLESFORD
		10.00 am	Parish Communion	ICKLETON
Sunday	11 <sup>th</sup>	8.00 am	Holy Communion	HINXTON
		10.00 am	All Age Service	ICKLETON
Sunday	18 <sup>th</sup>	8.00 am	Holy Communion	DUXFORD
		10.00 am	Parish Communion	HINXTON
Sunday	25 <sup>th</sup>	8.00 am	Holy Communion	ICKLETON
		10.00 am	Parish Communion	DUXFORD

**Complines** 7 pm on Tuesdays at Duxford and Thursdays at Hinxton [www.jennyduke.co.uk](http://www.jennyduke.co.uk)

**Discussion Group** on Thursdays in person and online 7.45 pm Email: [hinkleduxpa@gmail.com](mailto:hinkleduxpa@gmail.com)

**Prayers for peace** in Ukraine - Fridays at 12 noon at Hinxton

**YOUTHINC:** Fun Food and Fellowship for young people ( year 5 upwards)

Our changing world can be confusing for all of us. Hinkledux's three churches recognise that having a safe place to share ideas, forge friendships and have fun can be important to youngsters growing up . So we are inviting parents and young people to a **taster session of our YOUTH INC youth group in Ickleton Village Hall on Sunday June 24th 4.30 - 5.30 pm.**

YOUTHINC is a monthly group where youngsters can meet, chat and explore ideas. The agenda and timing is planned together so do come along and see what we can offer your family. Contact [jenny@jennyduke.co.uk](mailto:jenny@jennyduke.co.uk) for any further details.

**Pub Lunch Club** at the Ickleton Lion 12 noon Tuesday 13th June  
Pre-orders to [jonsmith@supanet.com](mailto:jonsmith@supanet.com) by the Sunday before please.

**Jon Smith**

## Really wild

The *gardener's friend* was one of my dad's much-loved expressions. It was his way of referring to the UK's favourite garden bird, the robin. Friend to gardeners because of their habit of loitering hopefully as you turn the soil, watching out for a tasty treat and helpfully eating up the bugs you'd rather not have in your garden.

Over the years our attitude to insects and weeds has shifted. Last year the Royal Horticultural Society announced that they no longer classed slugs and snails as pests. Instead, they were to be honoured for their recycling skills in turning dead leaf matter into compost. The gardening organisation has since been called out for putting its name on some weedkillers and insecticides, though it says it's working to remove these products from sale.

As well as leaving the slugs alone, we're also invited to let the grass grow and allow our lawns to get a bit wilder. We've done *No Mow May* for the past few years, which has been a nice break for the person who cuts the lawn (Jon, my husband!). But we enjoyed the wildflowers, too. Not just buttercups and dandelions, but speedwell, ground ivy (*hederaceae*), oxeye daisies and we left the majority of the lawn to rest of the summer. We watched develop, as the long grasses yellowing in the heat. Then we mown patches turn green after eventually came and marvelled small reminder of resurrection.



(*glenchoma* vetches. Then stay wild for the it change and stood tall and watched the the rain at their renewal, a

This year, as before, Jon has continuous mowing, in order to maze. As I write at the it still lacks definition, but in a few grass will have grown and all will will never be tall enough to get lost in, it will still provide scope for wandering and contemplation. If you'd like to check out our maze, why not stop by on 11 June as part of this year's Duxford Open Gardens?

Best wishes **Lydia**

## Duxford Primary School

Some children in our school are passionate about the environment and plan to do something about protecting it. We met with our headteacher to talk about our ideas. Here are some of the things that we could all do:

- *Turn off the lights when you're not in a room*
- *Pick up litter because it could hurt animals and plants*
- *Buy second hand clothes, donate to charity and recycle*
- *Write to our MP to ask the government to do more to prevent climate change*
- *Plant flowers and trees*

Evie & Isabelle

## Building update

Things are really starting to take shape now. The new offices are completed and fully functional, as is our brand new foyer area. The highlight is the glass walk way with double doors leading out to an outside area! Look out for the date of our open day and come and have a look round!



## School governor vacancy

We have a vacancy for a co-opted school governor, which is open to anyone within our community. If you would like to be involved in this interesting, worthwhile, voluntary work, please contact the Chair of Governors, Gill Hinks, or Mrs Blackburne-Maze (Head Teacher) via the school: [office@duxford.cambs.sch.uk](mailto:office@duxford.cambs.sch.uk)

## **Duxford Open Gardens Sunday 11th June 2 – 6 pm**

Five Duxford Sawston gardens will open their gates to visitors on Sunday 2nd July to support the National Garden Scheme – which itself supports a number of important caring and medical charities. See [www.ngs.org.uk](http://www.ngs.org.uk).

Garden addresses: 16 Ickleton Road; 2 Green Street; 31 St Peters Street; Bustlers Cottage; Duxford Mill and you are also invited to visit the Rectory in St Johns Street (to see the maze).

Entrance £7. Children free

## **Sawston Open Gardens Sunday 2nd July 1 - 5 pm**

Four Sawston gardens will open their gates to visitors on Sunday 2nd July to support the National Garden Scheme (as above for Duxford).

Garden addresses: Mary Challis Garden 68 High St.; The Orchards 11 Mill Lane; 34 Cambridge Rd and 10 Wynemares. Collect a map at the first garden you visit.

Entrance £6. Homemade cakes and tea served in the Mary Challis Garden from 1.30 - 4.30 pm, plus plants for sale. Parking available in the Co-op car park, but is limited to 3 hours.

Do please come along to view some of Sawston's finest gardens and help to support the charities.

Enquiries: Mike & Ann Redshaw



## **Whittlesford & Duxford**

## **Beavers, Cubs and Scouts**

Thank you so much to our ongoing volunteers.

**Our current gaps are: Forest Beavers (Fri 6.15 - 7.15pm) and Explorers (Fri 7.30 - 9.30pm).** If you would like to help as an assistant, committee member, young leader or share a skill, get in touch.

Our website: [www.wanddscouts.org.uk](http://www.wanddscouts.org.uk). Membership enquiries: [scoutsmembership@gmail.com](mailto:scoutsmembership@gmail.com)

General enquiries: Contact Marc - [marcvn.scouts@gmail.com](mailto:marcvn.scouts@gmail.com)

To donate or buy second hand uniform: Carmel

Claire James - Assistant Explorer Scout Leader- Hitchhikers ESU [claire.james@maildevil.co.uk](mailto:claire.james@maildevil.co.uk)

In April, our groups loved the return of the lighter evenings. **Wildwood Beavers** (Wed, 6-8yrs) learned about strategies to promote mental health and built bird feeders. **Forest Beavers** (Fri, 6-8yrs) made models of Italian landmarks and learned about healthy eating. **Sirius Cubs** (Mon, 8-10½yrs) made pitta pizzas on the fire and keyrings for the coronation whilst **Javelins Cubs** (Thu, 8-10½yrs) learned about disabilities and worked on their personal challenge badges. **Arrow Scouts** (Tue, 10½-14yrs) made plans for their upcoming camp and started to build a bug cathedral for the parish church in Whittlesford. **Hitchhiker Explorers** (Fri, 14-18yrs) went to Clip 'n Climb and did some pioneering trying to build the highest tower.


## **MEDICAL**

## **BLOOD DONATION**

Dates for blood donation in the Village Hall: **Wednesday 14 June**, Thursday 5 October **Martin Waters**




**Did you know**




**Hypertension**  
Can be an accelerating factor of hearing loss in adults

**Hearing loss** is the third most common physical condition after arthritis & heart disease.



**Current smokers** have a **70% higher risk** of having hearing loss than non-smokers

Worldwide, over **half a billion people** younger than 65 have some degree of hearing loss




**70% of diabetics, 50-69 years old, have high-frequency hearing loss**

When was your **blood pressure** checked?  
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## HOLIDAY COTTAGES TO LET - NORTH NORFOLK



Two adjoining cottages in the village of Burnham Market, one sleeping 6 and the other 4. To let separately or together. Two miles from Holkham, 1.5 miles from the coast, enclosed south-facing garden, off-street parking. Lovely beaches, golf courses, bird watching etc!

Christine Rhodes - 07831 627678

[burnhammarketcottages.co.uk](http://burnhammarketcottages.co.uk)



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**www.Rothwells.biz**

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 Call Oliver and Max Campbell for expert help today.

## ADVERTISING

The ICENE goes to every house in the village and is widely read. Rates per monthly issue:

£5 per eighth of a page  
 £10 per quarter of a page  
 £20 per half page

Copy required by 12<sup>th</sup> of each month for inclusion in next month's edition please.

**Leanne Smith**  
**E-mail: [clerk@ickleton-pc.org.uk](mailto:clerk@ickleton-pc.org.uk)**

## AWPC Parkinsons Cambridge

## Exercise Classes in Sawston

Parkinson's Disease is the fastest growing neurological condition in the world. Unfortunately there is no known cure (yet) but exercise can really help address the symptoms and is as important as taking any prescribed medication.

Specialised exercise classes are held in Sawston on Tuesday, Wednesday and Friday afternoons. Tuesday and Wednesday classes are based on the Parkinson's Warrior regime and Friday is Nordic Walking for People with Parkinson's (or Smoveys as an indoor alternative). All classes are fun, enjoyable and motivational, led by our award winning instructor Paul Goddard who has many years' experience as a neurological disease exercise instructor.

If you or anyone you know has Parkinson's Disease and would be interested in attending please contact Deb Liddington on 0774 332 4288 Email: [debliddington@btinternet.com](mailto:debliddington@btinternet.com) for further information.

Generously supported by John Huntingdon's Charity, South Cambs District Council Community Chest, Sawston Parish Council, Shelford Parish Council, Living Sport, Sport England and the National Lottery.

## ICKLETON Village

### Local Services

**COSTCUTTER Village shop** - Opening times: Mon to Sat 8 am - 7 pm. Sunday 9 am - 1 pm.

**Post office at the shop** - Opening times: Mon to Fri 8 am - 12 midday Sat - now closed

<b>Post boxes - collection times</b>	<b>Monday to Friday</b>	<b>Saturday</b>
Bottom Butchers Hill; Coploe Rd/Grange road corner	9.00 am	7.00 am
Costcutter shop	11.30 am and 4.00 pm	11.30 am
Great Chesterford	latest 4.30 pm	12 midday
Saffron Walden Market Square	latest 6.00 pm	12 midday

### HELP for dealing with Covid 19

The service is continuing for the time being. The names of helpers for any streets is available from me if you need.

Anne-Marie Hoare

**Village Hall Bookings** – Viliami Mila – ☎ 530497 – v.mila68@outlook.com

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**Police** [reporting a crime, non emergency] Call 101

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**Neighbourhood Watch** – Glynis Hammond glynis.hammond@gmail.com

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**District & County Councillor** – Peter McDonald Cllr.mcdonald@scams.gov.uk

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**Community Warden Scheme** – 07812 496001 - Anita Gilchrist@ageukcap.co.uk

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**Speedwatch Team** – Terry Sadler terrywsadler@btinternet.com  
and Penny Fletcher penny@penelopeannefletcher.co.uk

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### **Cambridge Mobile Library**

The **third Wednesday** in each month (21st June) 12.45 - 1.15 pm. Now in Frogge Street by the bus stop. Books may still be PRE-SELECTED IN ADVANCE from the whole of Cambridge Libraries collection, and available to collect. To reserve, contact <https://cambridgeshire.spydus.co.uk> (free of charge).

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### **Food Bank**

The foodbank is a way we can share our food with those who don't have quite enough. Ickleton foodbank is given to John Huntingdon Centre <https://johnhuntingdon.org.uk/> in Sawston who arrange deliveries and collections for those who need it.

The emphasis is on hot drinks, soups, tuna, precooked rice, macaroni cheese, spaghetti hoops. Also cereals, (soft easy to eat) baby products, dog or cat food, toiletries. Please leave at the church in or next to the Food Bank box or call me for collection – thank you for your generosity.

The number of local clients being helped is now 500. Thank you to the village for their generosity.

**Clare Driver** [clare@domesticblissappointments.co.uk](mailto:clare@domesticblissappointments.co.uk)

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**Food Aid** For anyone in Ickleton who wants to ask for food or other groceries (*in complete privacy*) please call Clare who will endeavour to fulfil your shopping list needs **Clare Driver**

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### **Food deliveries**

Generally - **Costcutter village shop** - ☎ 531181 and ask for a delivery.

**Milk** Fresh milk (bottles) – Monday, Wednesday and Friday. Martin of Plumb's Dairy (Linton)  
Tel: 01223 893033 [info@plumbs-dairy.co.uk](mailto:info@plumbs-dairy.co.uk)

**Meat** delivery – Thursdays – Clark & Son [Sudbury] 01787 319330 [sales@clarkandsonmeats.com](mailto:sales@clarkandsonmeats.com).

**Fresh fish** van delivery - Monday afternoon - call or text Andy 07773 275134

**Fruit and Veg** delivery

Fisher and Woods ☎ 581620 [sales@fisherandwoods.co.uk](mailto:sales@fisherandwoods.co.uk)  
Walden Organics (Rob) [waldenorganics@btinternet.com](mailto:waldenorganics@btinternet.com)

**Fish and Chips** (etc) - mobile van on Tuesdays 4.30 - 8 pm Village Hall car park  
Pre-orders only. Tel: 07787 603616 [info@oceantree.co.uk](mailto:info@oceantree.co.uk)

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## **Regular Events and Meetings**

**Coffee Mornings** Tuesdays 6th June and 20th June 10.30 - 12 at the church  
All welcome

We are currently sharing coffee morning proceeds between the church and various charities.

**The Coffee Morning Team**

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**Ickleton Pub Lunch Club** Tuesday 13th June 12 noon

**Pre Orders by the Friday before the lunch to** [jonsmith@supanet.com](mailto:jonsmith@supanet.com)

The pub's website (for menus) is <https://theickletonlionpub.co.uk>

Please sign up for emails from Jon using the link <http://eepurl.com/hGIEpn>

**Jon Smith**

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**Sunday Socials** at Ickleton **Social Club** **Sunday nights** 7.30 - 10.30 pm See page 3 **Tim Pavelin**

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**Social Club** (bar open) Fridays and Saturdays from 8.30 pm  
Sundays 4th and 18th June 12 - 2 pm  
Mondays 5 – 7 pm

See page 3

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**Parish Council Meeting** **Wednesday 21st June** 7.30 pm Village Hall

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**Bowls** No bowls in the summer months.  
Restarts in October on Thursdays 11 am - 1 pm and 2 - 4 pm in the Village Hall

**Martin Waters**

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**Froglets** **Mondays** 9.30 - 11.30 am Village Hall

**Anne-Marie Hoare**

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**Great Chesterford & District Gardening Society** – on the **first Wednesday** in the month, Village Hall  
Talk – 7th June See page 5.

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**PUBLISHED BY ICKLETON PARISH COUNCIL**